

# 2022

# UNITED ABILITY



# ANNUAL

# IMPACT REPORT

# SUMMARY

# 4,896

Individuals were served through the 11 programs of United Ability.

The statistics are important, but more impressive is the care and compassion with which UA staff rendered these services and the impact each service has on our entire community.

*People are served according to their individual needs.*

## UNITED ABILITY PROGRAMS

PROGRAMS	OBJECTIVES	2018	2019	2020	2021	2022
EARLY INTERVENTION	Number of infants, toddlers, and families who received services in their home and community	768	776	786	794	786
EARLY LEARNING	Number of children of all abilities who accessed inclusive early childhood education	188	203	193	193	192
CHILDCARE ENHANCEMENT WITH A PURPOSE & FIRST FIVE ALABAMA	Number of children with disabilities supported in community childcare centers, allowing for greater success in inclusive environments.	51	77	56	127	105
	Number of childcare teachers receiving training and support in serving children with special needs.	792	955	639	1,408	967
FIRST TEACHER HOME VISITING	Number of children and family members who received in home training to promote child development and family well-being	239	215	208	179	204
ABILITY CONNECTIONS	Number of people receiving opportunities for connection in our community	NA	NA	NA	NA	275
ADULT DAY	Number of adults who received services to promote independence in daily living, work and their communities	174	168	171	123	119
EMPLOYMENT	Number of high school students and adults who were supported in activities to prepare for and obtain competitive employment	1,105	1,225	1,210	1,143	1,125
ABILITY MEDICAL CLINIC	Number of children and adults who received medical services from the Ability Clinic	1,567	1,591	1,605	962	467
ABILITY OUTPATIENT THERAPY CLINIC	Number of children and adults who received physical, occupational and speech therapy in an outpatient setting	408	421	461	502	506
HEARTS RESPITE	Number of children and adults served in Hearts Respite Program	77	73	82	82	150
<b>ALL PROGRAMS</b>	<b>Number of children, adults, families and caregivers served</b>	<b>5,341</b>	<b>5,787</b>	<b>5,492</b>	<b>5,589</b>	<b>4,896</b>

## UNITED ABILITY - GONE FOR GOOD

OBJECTIVES	2018	2019	2020	2021	2022
Number of active customers	730	815	906	992	1104
Number of new customers added	111	158	91	93	122

# EARLY INTERVENTION

Individualized training provided in homes, daycares, and community settings for parents/caregivers of infants and toddlers (birth to 3yrs) that have an eligible diagnosis, exhibit a developmental delay, or are at high risk for delays.

Service coordinators, therapists, and developmental specialists develop strategies to help families manage daily routines, assist their children to achieve developmental milestones, access resources, overcome challenges, and live a more integrated lifestyle within their home and community.

786

**Infants, toddlers, and families served.**

7,027

**Therapy and special instruction sessions were provided.**

521

**Evaluations were conducted to determine eligibility for services.**

30,672

**Units of Service Coordination were provided which helped families access needed resources.**

97%

**of families reported that after receiving early intervention services, they have a higher level of satisfaction with community outings.**

## IMPACT

**United Ability's Early Intervention Program is the largest non-profit EI service provider in the state of Alabama.**

# EARLY LEARNING PROGRAM

Hand In Hand is a nationally accredited early learning program serving children from six weeks to five years of age. The program creates meaningful learning opportunities and quality education experiences in a fully inclusive environment where children with and without disabilities learn side by side. Empathy, compassion, understanding, and acceptance are learned from an early age. Special education services including speech, occupational, and physical therapy are available to support children with disabilities to be included in the daily routines.

192

**Infants, toddlers and preschoolers served.**

2,331

**Therapy sessions were provided in the ELP.**

100%

**of families reported that their child was equally or exceedingly prepared for the next class or kindergarten upon exit.**

**IMPACT**  
**100%**

**of children achieved their benchmarks toward developmental goals based on their Individualized Education Plan.  
The children represent 5 counties and 11 different school districts.**



# CHILDCARE ENHANCEMENT WITH A PURPOSE and FIRST FIVE ALABAMA

Childcare Enhancement provides onsite training and classroom technical assistance for community Childcare Centers helping to strengthen the competencies and curriculum of those currently providing an inclusive environment for children with special needs AND to increase the number of centers who enroll children with special needs. First 5 Alabama provides Behavioral Health support to childcare teachers and families for children ages birth to 5 years.

64

**Childcare centers, after receiving CCEP training, reported they were now prepared to accept children with special needs.**

19

**New childcare centers received training on serving children with special needs.**

14

**Childcare centers received ongoing support for children with social-emotional issues from the First Five Alabama team.**

177

**Family sessions were provided by the First Five Alabama team.**

**IMPACT  
806**

**Teachers in childcare settings were provided with training and support in serving children with special needs, allowing for greater success in inclusive environments.**



# FIRST TEACHER HOME VISITING PROGRAM

Promotes successful child development and family effectiveness through assessment, training, resources, and support for parents of children age birth to 5yrs with a diagnosed disability or at high risk for developmental delays.

**100%** of families reported they better understood their child's developmental status and special needs.

**204** Children and family members were served and received training and support to improve parenting skills and strengthened relationships with the family and community.

**93%** of families indicated they felt less stressed as a result of the program.

**73%** Built relationships with other families as a result of this program.

## IMPACT

### 100%

of families reported the program strengthened their relationship with their child.



# ABILITY CONNECTIONS

Facilitates monthly integrated community social activities for families and caregivers forming connections and small group engagement to foster support, inclusion, and belonging.

110

**Families participated in Family Connections community events.**

44

**Number of fathers who attended ongoing Dad's Group activities.**

100%

**of mothers reported that after participating in the Mommy and Me group, they understand and recognize the need for personal support and communication.**

88%

**of families reported that after participating in Ability Connections, they know how to access community organizations or agencies to help meet the needs of the family.**

## IMPACT

98%

**of families reported they feel more connected to other families of children with special needs as a result of the Ability Connections Program.**





# ADULT DAY PROGRAM

Serves adults with intellectual disabilities through a combination of on-campus and off-campus services including classroom instruction for daily living, vocational skills, healthy lifestyle habits, and self-advocacy. Community integration puts learning into practice through outings and employment.

109

**Participants participated in Community Experience, Employment Small Group, or Community Day Habilitation.**

610

**Outings were offered to Adult Participants.**

1,377

**Hours of therapy services were provided to Adult Participants.**

8,299

**Hours were worked in employment small groups.**

## IMPACT

# 100%

**of Adult Participants achieved their personal outcomes according to their ISP.**

# EMPLOYMENT SERVICES

Assists individuals with disabilities to obtain, learn, and maintain a paid job/career in an integrated work setting. Serving teens to senior adults, six different programs provide resources that range from work-based learning, interviewing skills, job readiness and progressing on the job coaching to new job placement/promotion.

1,125

**Individuals were enrolled in United Ability's employment programs.**

801

**Students participated in the pre-employment training.**

32

**Schools were enrolled in Pre-Employment Training Services.**

\$12.03

**Average hourly rate**

167

**Individuals were supported and assisted in maintaining employment throughout the year.**

**IMPACT**  
**91%**

**of clients eligible for employment were placed in competitive employment.**

# ABILITY CLINIC – MEDICAL SERVICES

In partnership with Cahaba Medical Care, infants, children, adolescents, and adults are served in a safe family focused environment. The unique integrated care model provides coordination of services including Pediatric Primary Care, Family Medicine/Primary Care, Optometry, Behavioral Health, Social Work, Rehabilitation Medicine, Speech, Occupational, and Physical Therapies.

467

**Number of patients served**

61

**Children were seen through the Early Intervention Specialty Clinic and received patient/family coordinated on-site care of physician, physical therapists, and service coordination.**

87

**New patients seen**

## IMPACT

### **New Clinical Services are Provided:**

**Pediatrician**

**Psychologist**

**Nurse Practitioner**

**Social Work**

**Dental Services**

**Nutrition Counseling**

**Lab Services**

**Optometry Services**

**Counseling Services**

# ABILITY CLINIC – OUTPATIENT THERAPY

Practices holistic care that centers on the child and family and provides parent training as an integral part of therapy sessions. Our multi-disciplinary team is specially trained in pediatrics and sees children from birth through 14 years.

4,840

**Number of Physical, Occupational, and Speech Therapy sessions provided.**

80%

**Children were discharged due to progress.**

65

**Total number of community agency/supports accessed.**

506

**The number of patients served.**

100%

**of families believed that their child's life was improved by therapy at the Ability Clinic.**

## IMPACT

**of families rated OPT services a "10" on a scale of 1 to 10.**

**100% said they would recommend the OPT program to friends and family.**

# HEARTS RESPITE

Provides reimbursement for childcare to families of a child with a disability under the age of 19 years, allowing some respite for caregivers of children with a disability.

50

**Number of families served.**

66

**Number of caregivers served.**

84

**Number of adults served.**

14

**Communications were given to families about resources in our community that could be of assistance to them.**

4

**Number of counties represented by families served.**

**IMPACT  
100%**

**of families would recommend the Hearts Respite voucher reimbursement program to other families with a child with a disability.**



# ENTERPRISES

Provides meaningful employment for adults with disabilities through a document and electronics destruction business. Services include community drop-off, pick-up and/or onsite shredding and electronic recycling.

1,104

The number of active customers.

122

Number of new customers added.

10.4%

Increase in revenue.

Enterprises provides meaningful employment for adults with physical and intellectual disabilities (50% of employees have a disability) while providing an excellent document destruction business.

## IMPACT

\$433,000 from Gone for Good invested back into United Ability Programs.



# HUMAN RESOURCES

175

Staff employed.

86%

of employees are satisfied with their benefits package.

87%

of employees indicated they were satisfied employees.  
Only 1.5% indicated they were dissatisfied.

## IMPACT

92%

of employees would refer someone to work at United Ability.



# FINANCE

13MM

Total operating revenue

714K

Surplus from operations

43.7MM

Total assets in 2022.

# IMPACT

United Ability maintained a strong financial position in 2022.





# DEVELOPMENT

The 6<sup>th</sup> Annual Journey of HOPE event raised more than any previous year with a net profit of \$382,494, and included a Fund A Need for adapted sports which raised an additional \$34,906.

United Ability acquired 341 new donors in 2022, largely due to our Journey of HOPE event honoring Chris Biggins.

299 of our donors have given three or more years consecutively.

# IMPACT

The 2022 calendar year garnered \$1,123,975 in private fundraising from 923 donors who chose to contribute to the programs, mission, and people of United Ability. This is a **30.85% increase from the previous 4 years average of \$858,949.**



# GOVERNANCE

24

Board members providing strategic leadership to United Ability.

82%

Attendance at Board meetings.

77%

Attendance at Committee meetings.

# IMPACT

100% of Board members made personal financial contributions to United Ability totaling \$76,932.

