

Hand In Hand Early Learning Program 2020 Spring/Summer Menus

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack				
Mini Bagel with cream cheese Milk	French Toast Sticks Milk	Biscuit Milk	Cheerios Milk	Cheese Toast Milk
Lunch				
Beef & Noodles Green Beans Carrot Coins Milk	BBQ Pork Sandwich Baked Beans Mixed Fruit Milk	Chicken Tenders Mashed Potatoes Broccoli Roll (WG) Milk	Soft Tacos Mexican Corn Pinto Beans Milk	Chicken Sandwich Baby Green Limas Peaches Milk
Afternoon Snack				
Cheerios Milk	Applesauce Graham Crackers (WG) Water	Turkey Roll-ups Crackers (WG) Water	Mixed Fruit Graham Crackers (WG) Milk	Pears Goldfish (WG) Milk

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack				
Biscuit Milk	Cheerios Milk	Cheese Toast Milk	Banana Milk	Applesauce Milk
Lunch				
Spaghetti with Meat Sauce Green Peas Applesauce Roll (WG) Milk	Fish Sandwich Field Peas Pears Milk	Pizza (WG) Green Beans Baked Apples Milk	Popcorn Chicken Baked Beans Carrot Coins Roll (WG) Milk	Hamburger Corn Nuggets Baby Green Limas Milk
Afternoon Snack				
Ritz Bits with Cheese Milk	Yogurt Graham Crackers (WG) Water	Banana Goldfish (WG) Water	Turkey Roll-ups Crackers (WG) Milk	Mini Bagel with cream cheese Milk

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack				
French Toast Sticks Milk	Applesauce Milk	Mini Bagel with cream cheese Milk	Cheerios Milk	Cheese Toast Milk
Lunch				
Chicken Tenders Whipped Sweet Potatoes Green Peas Roll (WG) Milk	Meat Loaf Mashed Potatoes Baby Green Limas Roll (WG) Milk	Crispitos Black Beans Mandarin Oranges Milk	Macaroni & Cheese with Diced Ham Green Beans Pears Roll (WG) Milk	Chicken Tetrazini Broccoli Baked Apples Roll (WG) Milk
Afternoon Snack				
Cheerios Milk	Yogurt Graham Crackers (WG) Water	Applesauce Goldfish (WG) Water	Turkey Roll-ups Crackers (WG) Milk	Ritz Bits with Cheese Milk

**Note: Snacks may change based on food availability or classroom themes/activities.
(WG) = Whole Grain**